



F1 Grand Prix StrongFit World Championships

Date: Thu Mar 14 2013

OPEN

	Event 1			Event 2			Event 3			Event 4			Event 5							
	Farmers 300kg 17meters 75 seconds	P l a c e	PTs	Car Walk 400kgs 75seconds 15Meters	P l a c e	PTs	PTs Cum	Deadlifts 318kg 75sec	P l a c e	PTs	PTs Cum	Viking Press 135kg 75seconds	P l a c e	PTs	PTs Cum	Stones 110 - 118 - 122 - 142 - 191 #stones x time 75secs	P l a c e	PTs	PTs Cum	
1	Gerhard Van Staden	8.22	1	9.00	11.16	1	9.00	18.00	12	2	8.00	26.00	20	2	8.00	34.00	4x14.11	2	8.00	42.00
2	Ben Simpson	9.25	2	8.00	68.38	5	5.00	13.00	9	3	6.50	19.50	6	8	2.00	21.50	4x22.20	4	6.00	27.50
3	Adam Rose	0.00	9	0.00	7.04M	8	2.00	2.00	1	9	1.00	3.00	1	9	1.00	4.00	3x18.58	7	2.00	6.00
4	Luke Reynolds	13.47	7	3.00	4.3M	9	1.00	4.00	2	7	2.50	6.50	10	4	4.50	11.00	3x13.74	8	3.00	14.00
5	Jordan Steffens	9.56	4	6.00	18.38	3	7.00	13.00	2	7	2.50	15.50	10	4	4.50	20.00	4x16.12	3	7.00	27.00
6	Rob Kilpatrick	10.13	5	5.00	67.00	4	6.00	11.00	5	6	4.00	15.00	10	4	4.50	19.50	3x24.77	9	1.00	20.50
7	Warrick Brant	9.47	3	7.00	18.00	2	8.00	15.00	16	1	9.00	24.00	21.00	1	9.00	33.00	5x32.96	1	9.00	42.00
8	Liam Duffy	10.50	6	4.00	10.6M	6	4.00	8.00	7	5	5.00	13.00	10.00	4	4.50	17.50	4x27.96	6	4.00	21.50
9	Mike Jones	25.82	8	2.00	7.7M	7	3.00	5.00	9	3	6.50	11.50	12	3	7.00	18.50	4x24.36	5	5.00	23.50
10																				

1	Warrick Brant	42.00
2	Gerhard Van Staden	42.00
3	Ben Simpson	27.50
4	Jordan Steffens	27.00
5	Mike Jones	23.50
6	Liam Duffy	21.50
7	Rob Kilpatrick	20.50
8	Luke Reynolds	14.00
9	Adam Rose	6.00

Countback:	Warrick	Gerhard
Event 1:	3rd	WIN
2	2nd	WIN
3	WIN	2nd
4	WIN	2nd
5	WIN	2nd

Warrick with 3 wins on countback.