



F1 Grand Prix StrongFit World Championships

Date: Thu Mar 14 2013

UNDER 105's

	Event 1			Event 2			Event 3			Event 4			Event 5						
	Farmers 120kg 35meters 75 seconds	P l a c e	PTS	Yoke 350kgs 75seconds 20Meters	P l a c e	PTS	PTs Cum	Deadlifts 250kg 75sec	P l a c e	PTS	PTs Cum	Viking Press 110kg 75seconds	P l a c e	PTS	PTs Cum	Stones 102 for reps 75secs	P l a c e	PTS	PTs Cum
1 Karlo Briski	18.50	1	5.00	22.37	1	5.00	10.00	13	1	4.50	14.50	16	1	5.00	19.50	9	2	4.00	23.50
2 Elias Arcondoulis	27.25	2	4.00	18.7M	3	3.00	7.00	13	1	4.50	11.50	15	2	3.00	14.50	3	5	1.00	15.50
3 Jacob Rasmussen	37.12	3	3.00	9.7M	5	1.00	4.00	9	3	3.00	7.00	15	2	3.00	10.00	10	1	5.00	15.00
4 Liam Okninski	57.94	4	2.00	26.12	2	4.00	6.00	7	4	2.00	8.00	15	2	3.00	11.00	8	3	3.00	14.00
5 Aaron Scarborough	61.00	5	1.00	10M	4	2.00	3.00	4	2	1.00	4.00	9	5	1.00	5.00	4	4	2.00	7.00
6																			
7																			
8																			
9																			
10																			

1	Karlo Briski	1.00
2	Elias Arcondoulis	2.00
3	Jacob Rasmussen	3.00
4	Liam Okninski	4.00
5	Aaron Scarborough	5.00