



F1 Grand Prix StrongFit World Championships

Date: Fri Mar 15 2013

	Event 1			Event 2			Event 3			Event 4			Event 5						
	Yoke 210kg 75sec	P l a c e	PTs	Viking Press 65kg 75sec	P l a c e	PTs	PTs Cum	Deadlifts 157.5kg 75sec	P l a c e	PTs	PTs Cum	Farmers Walk 75kg 35secs	P l a c e	PTs	PTs Cum	Stones 77 - 88 - 102 - 118 75secs # stones x time	P l a c e	PTs	PTs Cum
1 Elena Rasmussen	14.62	1	5.00	23.00	1	5.00	10.00	15	2	4.00	14.00	21.53	3	3.00	17.00	3x59.96	2	4.00	21.00
2 Rachel Ogorman	16.07	2	4.00	22.00	2	4.00	8.00	19	1	5.00	13.00	18.87	1	5.00	18.00	2x17.4	3	3.00	21.00
3 Cristy Hazelman	19.50	3	3.00	0.00	/	0.00	3.00	5	4	2.00	5.00	19.81	2	4.00	9.00	0	/	0.00	9.00
4 Alli G Force	24.75	4	2.00	6.00	3	3.00	5.00	7	3	3.00	8.00	22.03	4	2.00	10.00	3x29.74	1	5.00	15.00
5 Denai Deracki	28.00	5	1.00	0.00	/	0.00	1.00	4	5	1.00	2.00	25.84	5	1.00	3.00	0	/	0.00	3.00

COUNTBACK	1sts	2nds	3rds
Elena Rasmussen	2	2	1
Rachel Ogorman	2	2	1